



Glykeria Skamagki

Role at Coventry University: Lecturer in Physiotherapy

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Accounts for professional purposes

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Researchgate: https://www.researchgate.net/profile/Glykeria_Skamagki

Academic interests:

Musculoskeletal Disorders

Psychologically Informed Physiotherapy Practice

Public Health

Occupational Health

Sports rehabilitation

Education (Enhance in teaching and learning, International students experience)

Faculty Health and Life Sciences

Academic school: School of Nursing, Midwifery and Health

Biography

I am a lecturer in Physiotherapy at Coventry University and I am currently working both clinically and academically. My areas of interest are musculoskeletal disorders, health and wellbeing at the workplace, sports rehabilitation and education.

I graduated from Aleksandreio Technological Educational Institution in Thessaloniki, Greece and worked there for two years before moving to the UK. Then I worked both in the NHS and sports field followed by ongoing work in private practice specialising in the management of musculoskeletal conditions. I also undertook an MSc at Sheffield Hallam University researching the Physiotherapists perceptions of the reasons for ACL re-injury and since 2014 I joined the academic staff in the Undergraduate BSc physiotherapy programme at Coventry University where I also completed my postgraduate studies in Teaching in Higher education with the award of a fellowship. I am currently conducting research on my PhD program at CU with a focus on chronic musculoskeletal conditions at workplace.

Qualifications

- Degree in Higher education (4-year course): Qualified Physiotherapist of Technological Education – Alexandrio Technological Educational Institution in Thessaloniki, Greece 2010
- MSc Applying Musculoskeletal Physiotherapy, Sheffield Hallam University 2013
- PgCert in Teaching in Higher Education Higher Education Academy, 2016
- PhD in Physiotherapy (Started 2016), Coventry University, UK

Research

PhD project: Occupational health and the impact of musculoskeletal conditions the older workforce

Other Projects involved:

- Effectiveness of a weekly 3-month group exercise program in patients with Parkinson Disease.
- Physiotherapists perceptions of the reasons for ACL re-injury following reconstruction and rehabilitation.
- Enhance student's performance through Problem based learning
- Use of narrative in Flipped classroom pedagogical approach
- Enhance international students' performance in the context of Health Sciences
- Mental health and wellbeing of social salsa dancing

Outputs and Publications

- Skamagki G and Stefanis E. (2011). The effectiveness of HumanTecar Therapy and Kinesiotaping in the sprain of the ankle joint. 10th PanHellenic Sports Physiotherapy conference, Veroia, Greece
- Skamagki G, Aftosmidis D, Rosboglou S. (2010). Physiotherapy Exercise Program In Functional Capacity Of Patients With Parkinson Disease. 2nd World Parkinson Congress, Glasgow, Scotland, UK (Poster Presentation)
- Skamagki G (2015). Proprioception of the Shoulder joint. 3rd International Physical Therapy Congress, Thessaloniki, Greece

Teaching

- BSc Physiotherapy

Areas of expertise:

- Musculoskeletal Physiotherapy
- Occupational Health
- iCSP Facilitator in International Physiotherapists